



60th Labor Day Picnic, Advance, MO

Peace Love Color Run 5K Run/Walk & $\frac{3}{4}$ Mile Fun Run

Do you find peace while running or walking? If so, this is for you! Advance JH & HS Cross Country Teams are hosting a 5K Run/Walk & $\frac{3}{4}$ mile Fun Run in Westfield Park in Advance, Missouri as part of our Labor Day festivities. This is a flat, fast course!

Sunday, September 4

8:00 am Registration & packet pickup

8:30 am 5K

9:15 am $\frac{3}{4}$ mile Fun Run

5K Registration \$25 before August 24 (shirt guaranteed) \$30 after August 24 (shirt NOT guaranteed)	Fun Run Registration \$15 before August 24 (shirt guaranteed) \$20 after August 24 (shirt NOT guaranteed)
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Age Categories: 12 & under, 13-19, 20-29, 30-39, 40-49, 50-59, 60+

Awards: Top Overall Male & Female

Top three finishers in each age group male & female

Questions: Contact Angela Long 573-576-2268



Find us on  Advance Labor Day Picnic or

www.advancelabordaypicnic.com

Peace Love Color Run Registration Form

5K Run/Walk & ¾ Mile Fun Run

Name _____

Race Day Age _____

Address _____

Phone _____ Email _____

I am participating in the: 5K Fun Run (please circle)

Amount Enclosed _____ (current & past Advance School R&R with A&A participants receive a \$5 discount)

Shirt Size Youth S M L
 Adult S M L XL XXL

Release Waiver: I know that running is a potentially hazardous activity. I should not enter & run unless I am medically able & properly trained. I agree to abide by the decision of any race official relative to my ability to safely complete the event. I assume all risks associated with this event, including but not limited to; falls, contact with other participants, the effects of weather, including heat & humidity, traffic & the conditions of the course, all such risks being known & appreciated by me. Having read this waiver & knowing these facts & in consideration of your acceptance of my entry, I for myself & anyone entitled to act on my behalf, waive & release the City of Advance, Peace Love Color Run 5K race director, race organizers & sponsors, Cape Girardeau Road Runners as well as all representatives & successors from all claims or liabilities of any kind arising from my participation in this event.

Photos of participants will be posted to social media

Signature (parent signature if under 18) _____

Date _____

Mail entry & payment to: Peace Love Color Run c/o Angela Long 16475 State Highway 51 Marble Hill MO 63764 (checks payable to Advance Labor Day Picnic Committee)	OR Email completed form to along@advancehornets.org Send payment through PayPal advancelaborday@outlook.com
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